

## GENERAL COVID INFORMATION

### APPLIES AT ALL TIMES TO ALL MEMBERS

#### IT'S UP TO YOU...

**The decision to join club activities, whether it's singles or doubles is a personal choice as it relates to risk of exposure to COVID. Members and staff rely on each other for taking steps to reduce the risk to themselves and others. This document is intended to provide you with recommended practices for safe play as well as information on changes to club operations in an effort to minimize risk of exposure. The final decision in self-protection is a personal choice. It's up to you.**

#### HOW IT SPREADS

The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes, or exhales. These droplets are too heavy to hang in the air, and quickly fall on floors or surfaces.

You can be infected by breathing in the virus if you are within close proximity of someone who has COVID-19, or by touching a contaminated surface and then your eyes, nose or mouth.

#### PLEASE DO NOT ENTER THE CLUB PROPERTY IF:

1. You don't feel well
2. You have been exposed to someone with COVID-19 within 14 days
3. You have been exposed to someone who is suspected of being infected with COVID-19
4. You have a fever
5. You have a cough or difficulty breathing
6. You are in a high-risk category (listed below) and are concerned about exposure
  - a. Have a respiratory disease
  - b. Have a heart condition
  - c. Have an immune-compromised condition

#### PERSONAL CARE

1. Clean your hands regularly with soap and water or an alcohol-based hand rub
2. Do not touch your eyes, nose or mouth
3. Cover your nose and mouth with your bent elbow when you cough or sneeze
- 4. Practice Social Distancing**
5. If you are returning from a trip outside Canada – self isolate for 14 days prior to playing at club

### **PROCESS CHANGES WHICH MUST BE FOLLOWED**

- COURT BOOKINGS – allow a 15-minute gap between court bookings on the same court
- Arrive at club no more than 5 minutes prior to scheduled playing time
- Ensure your court is clear of players prior to entering the club property
- DO NOT EXCEED YOUR SCHEDULED PLAYING TIME
- Leave the property promptly after your match
- **Use the new Club Exit to leave the premises – by the clay shed**
- SOCIAL DISTANCING IS MANDATORY AT ALL TIMES

### **RECOMMENDATIONS FOR SAFE PLAY (Personal Choice)**

- Do not shake hands between sets (Shake/tap your racquet)
- Do not use score cards
- Bring your own water bottle (beverage) – Do not use fountain
- Use sanitizer at sanitizing station at entrance and exit
- Use gloved hand to open gates, doors, access lights and commonly touched items
- Balls crossing over from other courts should be returned using your racquet **only**

### **HANDLING THE BALL - RECOMMENDED**

Players **may** choose to either wear a glove on the non-racquet hand or agree to have each player use a uniquely marked set of balls restricting the handling of the ball to the owner. If the latter is in use during doubles, 4 uniquely marked balls would be required.

The choice is left to individuals with an understanding that should they choose not to implement the recommendations, they may be increasing their risk of exposure.

## OPERATIONAL CHANGES

**ENTRANCE & EXITS** – While the club will continue to use the regular entrance, the exit has been changed. Please use the service gate next to the Shed to exit the property. Signs are posted.

### **CLUBHOUSE**

- DO NOT congregate at the clubhouse entrance
- Only to be used for bathroom access
- Do not use clubhouse computer
- Refrigerator is for the strict use of staff
- No coffee or snack station will be operating
- No Gatorade machine will be operating

**COURT BOOKINGS - Allow** a 15-minute gap between court bookings. This requirement will be monitored by Club staff and changes made to your booking as deemed necessary. Please govern yourself accordingly.

When entering a “Guest” in court booking system, you **MUST** enter the full name of the guest. This is mandatory. Where a member only enters “Guest” your booking may be cancelled **without notice**. This process is only used when a member plays twice in one day as the system does not allow the name to appear twice on the bookings.

NO GUESTS are allowed on club property until further notice.

**BALL MACHINE** – players renting the ball machine must wear gloves on both hands when touching the machine or tennis balls. The machine will be sanitized after each use.

### **GUESTS & VISITORS**

- **No guests or visitors until further notice**
- No spectators allowed in the club

### **PRO SERVICES**

Racquet stringing / grip will still be available and may be purchased through club staff. The pro-shop will be available by appointment only.

### **OTHER RULES**

Other rules may be implemented as we proceed through the season or as deemed necessary by your club executive.

## **SAFE PLAY SINGLES / DOUBLES**

Whether you play singles or doubles, the emphasis in regards to COVID restrictions is placed on social distancing. While singles play rarely involves opposing players within 2 metres of each other, the situation is quite different when playing doubles.

Aside from the player requirements as detailed in this communication, we are recommending the following practices for doubles play:

- “It’s only a point” where it is not clear which person is getting the ball, let it go
- Drop shots / lobs – clearly call for the ball – notifying your partner to back off
- Do not change partners after each set
- Do not shake hands with partner or opponents (tap racquets is one option)
- Do not sit on the benches to rest
- Try not to book a court at the same time as the connecting court (2 & 3) / (4 & 5)
- It is recommended that you use the sanitizing station on exit
- Strongly recommended that you wipe down the soles of your tennis shoes when you get home, or better yet, leave your shoes in the garage.

## **LEAGUES / SOCIALS / TOURNAMENTS**

### **Socials and Tournaments**

Due to the nature of what is involved in social evenings and tournaments, these activities are on hold pending further easing of COVID restrictions.

### **Mens League**

The mens league has received approval to plan a shortened league for this year. As the style of play lends itself to conform to COVID restrictions quite easily, a request has gone out to the leads to put forth to the executive the proposal for the 2020 Mens League.

### **Ladies League**

The nature of the ladies league is quite different than that of the mens league however, a similar request has gone out to the leads asking for a proposal of if and how the league will be in effect this year. On receipt of the response, the Executive will determine the court time designation.

### **Mixed Doubles**

The Thursday night mixed doubles league will proceed as the style of play conforms to COVID restrictions. The league will not start until the latter part of June and members will be informed when registration opens. For those members who have already registered for the mixed doubles, there is no need to re-register, you will be contacted to confirm your continued interest.

### **Doubles Competitive**

Similar to the other leagues which are operating within the club, the doubles competitive league will need to submit a clear outline of the plan and a request for designated court time. The lead (s) should contact the president in order to begin the planning process.

## **LESSONS / CLINICS / INSTRUCTION**

We are currently reconfiguring how lessons and clinics will be delivered. Lessons/clinics will not start until mid-June. The Current plan is that members will need to register for any clinics or lessons.

### **Beginner Lessons**

Beginner lessons will also be done by registration and preference for spots will be given to first year new members. We anticipate that there will be two one-hour lessons where a group of 4 will be led through a variety of instructor-led drills. While preference will be to first year members, we believe that there will be sufficient spots for any member to join in.

Additional information will be made available and posted on the website as soon as it is available.

### **Junior Camps**

At this time, there are no plans to provide Junior Summer instructional camps. We await the decision of the City of Peterborough in this regard.

### **Friday evening Program**

The Friday evening program was in the process of being redesigned. At this time, there are no plans to offer the program. Should the Executive decide to offer the program, notices will be sent out and information posted on the website.